



LUMECARE™

Fast Acting Tear Drops

Hypromellose Eye Drops BP 0.3% w/v

Instructions for use

It is important to read this leaflet carefully before using LUMECARE™ Fast Acting Tear Drops. The information provided summarises the important points about the product but if you have any further questions then please ask your doctor, pharmacist or optician.

For further advice and information about the LUMECARE™ eye care range and dry eye sensation, including a user forum visit www.lumecare.co.uk.

What is LUMECARE™ Fast Acting Tear Drops:

LUMECARE™ Fast Acting Tear Drops contains sterile transparent liquid eye drops containing Hypromellose 0.3% w/v Ph Eur.

It also contains: Sodium Chloride Ph Eur, Potassium Chloride Ph Eur, Borax Ph Eur, Boric Acid Ph Eur, Benzalkonium Chloride Solution BP and Purified Water Ph Eur. If you are allergic to any of these ingredients, you must inform your doctor or pharmacist.

LUMECARE™ Fast Acting Tear Drops is a viscous liquid which, on blinking, spreads over the surface of the eye and lubricates to give relief from sore, itchy dry eye sensation. The effect protects the eyes from further drying out and damage.

What is LUMECARE™ Fast Acting Tear Drops used for:

LUMECARE™ Fast Acting Tear Drops is a lubricating artificial tear drop used for dry eye sensation. LUMECARE™ Fast Acting Tear Drops provides a smooth feeling for sore eyes with soothing relief from grittiness, itchiness, burning and foreign body sensation.

What causes Dry Eye Sensation:

Dry eye sensation is a result of ocular surface disorders that can be caused by a number of different reasons where the normal tears are either of poor quality or produced in too little quantity to keep the eye sufficiently moist. Symptoms of dry eye sensation may also be produced by use of TVs and computer screens, infrequent blinking, certain medical treatments including refractive laser eye surgery, atmospheric pollution and drying atmospheres e.g. air conditioning, central heating, wind and sun.

When to use LUMECARE™ Fast Acting Tear Drops:

When your eyes becomes red and sore, begin to itch, feel gritty or you feel burning then you have probably developed a dry eye sensation which needs treatment with LUMECARE™ Fast Acting Tear Drops. The lubricating ingredient in LUMECARE™ Fast Acting Tear Drops alleviates the symptoms of dry eye sensation with its soothing drop which brings fast relief. If your eye condition persists please consult your doctor or optician.

Before you use LUMECARE™ Fast Acting Tear Drops:

Consult your doctor, pharmacist or optician before you use LUMECARE™ Fast Acting Tear Drops if:

- You are pregnant or breast feeding
- You are allergic to any of the ingredients listed above
- You are suffering from any other eye disorder
- You are using any other medicines in your eyes

LUMECARE™ Fast Acting Tear Drops may cause temporary blurring of vision when applied. Do not operate machinery, use electric tools or drive a car until clear vision is restored.

Dosage:

The usual dosage is one or two drops to be applied 3 to 4 times a day as needed, or as directed by the physician. Your doctor may advise you to use this product in a different way, so follow your doctor's directions about when and how to use this product and read the label. Your pharmacist may also help if you are not sure. No dosage adjustment is required in children.

How to use LUMECARE™ Fast Acting Tear Drops:

- Wash and dry your hands.
- If you are a contact lens wearer remove your lenses and do not replace until 30 minutes after using LUMECARE™ Fast Acting Tear Drops.
- Tilt your head backwards and look upwards.
- Gently pull down your lower eye lid and squeeze one drop of LUMECARE™ Fast Acting Tear Drops into the gap between your eye and eyelid and blink a few times to spread the LUMECARE™ Fast Acting Tear Drops evenly over the surface.
- Repeat the process for the other eye.

Note: Do not touch your eye, or any other surface with the tip of the dropper. Remember to replace the cap on the bottle after use.

Possible side effects: LUMECARE™ Fast Acting Tear Drops may cause:

- Mild burning sensation in the eye which quickly passes.
- Blurring of vision immediately after use. Do not operate machinery, use electric tools or drive a car until clear vision is restored.

Storage:

Store out of the reach and sight of children.

Do not store above 25°C and protect from light.

Do not use after the expiry date on the bottle .

Discard the contents 28 days after first opening.

LUMECARE™ Fast Acting Tear Drops is sterile until opened.

Do not share LUMECARE™ Fast Acting Tear Drops with any other person.

This leaflet applies to LUMECARE™ Fast Acting Tear Drops B.P. 0.3% w/v 10ml and not to any other product in the LUMECARE™ range.

For further advice and information about dry eye sensation, including a user forum, and the LUMECARE™ eye care range visit www.lumecare.co.uk

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